

Five Quick Wins for an Optimized Home



1

Create a drop zone by your door

- **How:** Designate a specific area in your home for items that arrive. Ensure this space is cleared before you leave, so it's ready for use upon your return.
- **Why this works:** This approach helps contain the clutter when you arrive home. It provides a designated spot for bags, groceries, and more. Even if you can't tidy up immediately, it keeps everything organized.

2

Create a designated space for everyday items

- **How:** Note the items that you and your family use regularly—such as a diaper bag, keys, hats, coats, etc. Designate a specific area for these items and create a dedicated space for each one. Utilize hooks, baskets, or other organizers as necessary.
- **Why this works:** This approach helps you avoid wasting valuable time searching for commonly used items.

3

Weekly Review Resets

- **How:** Identify your family's pain points. Make a list of these issues and plan ahead to address them. For example, if you struggle to keep dishes off the counter, work running the dishwasher the night before and unloading it each morning part of your daily routine.
- **Why this works:** This approach allows you to take proactive measures against chaos in your home as an easy part of your routine.

4

Standardized Layout for Pantry Staples

- **How:** Set up specific, visible zones in your pantry for your staple items. For instance, allocate a spot for bread, canned soups, kids' snacks, and more, so you can easily see everything at a glance.
- **Why this works:** When it's time to make your weekly grocery list, simply open the pantry and quickly assess what you need. This will help you avoid overbuying!

5

Tote/Reusable bag by the exit door

- **How:** If necessary, add a hook and hang a spare tote or reusable bag by your exit door.
- **Why this works:** Busy families often find that the supplies they need cannot fit into purses or backpacks. The tote bag serves as an additional pair of hands, keeping all your extras organized and eliminating the need for extra trips to the car.